# **Lab – The Sprint**

In your groups perform a sprint

1. Each member of the team select at item from the Sprint Backlog to work on
2. Move the item to the doing list

You will be expected to deliver a presentation as part of the Sprint Review Meeting for your piece of work

1. Investigate and document how you would approach completing the item. Include links to articles that you have found, write a brief summary of each article
2. Include any diagrams that you produce
3. After 20 mins you will be expected to perform the daily stand up ceremony

**During the meeting the following points are discussed by every participant:**

* What did I do yesterday that helped meet the sprint goal?
* What will I do today to help meet the sprint goal?
* Do I see any future impediments that prevents the team from meeting the sprint goal?

1. Finish off your Investigation, and attach all your work to the appropriate user story in the doing list.